Evolution of the universe prior to inflation in loop quantum cosmology

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Abstract: We studied the dynamics of pre-inflation with generic potentials, namely $V(\phi) \propto \phi^4$ and $V(\phi) \propto (1 + \phi)^2$, in the context of loop quantum cosmology, where the initial singularity is resolved by a non-singular quantum bounce. Initially, the background evolution is dominated by either kinetic or potential energy at the quantum bounce. In the case of kinetic energy dominated evolution at the bounce, we found three generic phases, namely bouncing, transition, and slow-roll inflation. The first two regimes vanish in the case of potential energy dominated evolution; however, slow-roll inflation remains. Therefore, we found physically viable initial conditions of the inflaton field, which must have a minimum number of *e*-folds of 60 to be compatible with observations. Additionally, we analyzed the phase space diagram for the models under consideration; we found that all the trajectories of the inflaton field start from the bounce and move toward stable attractor points.

Keywords: inflation, initial conditions, loop quantum cosmology

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I. INTRODUCTION

The theory of inflation was suggested in 1980. Since then, it has been notably successful in solving many relevant problems of the Big Bang cosmology, such as the horizon and flatness problems. Cosmic inflation explains the origin of inhomogeneities and the structure formation of the universe [1, 2]. However, knowledge on its past is incomplete owing to the initial singularity, known as the Big Bang singularity, where all quantities become infinite. Over the past two decades, loop quantum cosmology (LQC) has been employed to resolve the Big Bang singularity in cosmological models. Within the framework of LQC, quantum geometric effects play a crucial role, replacing the initial singularity with a non-singular quantum bounce [3-5]. LQC is a successful application of loop quantum gravity (LQG) [6,7]. Based on Ashtekar's variables and the Hamiltonian formalism, LQG is a canonical quantization of Einstein's theory of gravity [8]. LQC is built by applying LQG methods on cosmological models in the context of the superminispace methodology [3]. LQC addresses the Big-Bang singularity through a generic approach [9]. The use of LQC in inflationary cosmology is motivated by its ability to resolve the initial singularity and provide a more comprehensive understanding of the universe's origins. Let us explore some of these motivations in detail. The first key motivation is the resolution of the singularity. LQC offers a framework that replaces the Big Bang singularity

with a quantum bounce. In this scenario, the universe undergoes a phase of contraction to an extent before expanding again. This bounce offers a natural mechanism for transitioning from a pre-inflationary phase to an inflationary phase, which is essential for inflationary models. The second motivation lies in the incorporation of quantum gravitational effects. LQC accounts for these effects at high densities, significantly influencing the early universe's dynamics. This can address longstanding issues such as the flatness and horizon problems. Furthermore, LQC provides insights into the behavior of scalar fields during inflation and how quantum fluctuations may manifest in cosmic microwave background radiation. Concerning the implications of LQC for inflationary cosmology, the dynamics of inflation can be affected by the bounce. This can, in turn, modify the predictions about the scalar power spectrum and tensor-to-scalar ratio. Additionally, the bounce introduces novel quantum effects that modify the spectrum of perturbations. By resolving the initial singularity, LQC offers a new perspective on the universe's initial conditions. Rather than emerging from a singular state, the universe transitions from a prebounce state, which can influence the scalar field configurations and the duration of inflation. Recently, an extensive study on the modified Loop Quantum Cosmology (mLQC) was reported [10–15]. Two fundamental gradients were adopted to derive mLQC: the first one is the supermini-space assumption; the second one is the classical relation between the Euclidean and Lorentzian

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terms. However, none of them exhibit the essence of LQG, in which the quantizations of the Euclidean and Lorentzian terms usually follow different processes [9], and the operations of symmetry reduction and quantization are not communicated. In Ref. [16], the effective Hamiltonian was obtained by closely following the processes of LQG. Later, a systematical derivation of the effective Hamiltonian was reported in Refs. [17–19]. In this context, various scalar field models were systematically studied in the post-bounce phase [20–22].

In this study, we investigated the evolution of the universe with different potentials in the context of LQC and numerically obtained initial conditions of the inflaton field at the bounce. Furthermore, we thoroughly studied the initial conditions of the field to check the slow-roll inflation. All inflationary models, in the case of the classical theory of General Relativity (GR), are affected by the Big Bang singularity, which is inevitable [23, 24]. Hence, it is difficult to know when and how to set the initial values of the field. To be consistent with observations, the number of e-folds should be at least 60 during the slowroll inflation for each value of the inflaton field; if this is not the case, such a value of the field would be discarded. The number of *e*-folds, in some cases, exceeds 70 [25]. In this study, we used only background cosmology to demonstrate the numerical evolution of the universe. In the case of kinetic energy dominated (KED) initial values of the inflaton field, the universe is divided into three distinct regimes: bouncing, transition, and slow-roll inflation. Conversely, the bouncing and transition regimes are absent in potential energy dominated (PED) initial conditions of the inflaton field. To review the dynamical behavior of pre-inflation and inflation, readers may consult Refs. [26-34]. The choice of power law potentials (see models 1 and 2) in the context of LQC is often motivated by their simplicity and mathematical tractability, rather than their direct observational agreement with current cosmological data. Power law potentials are among the simplest types of potentials used to study inflationary dynamics in cosmology. Their straightforward mathematical forms lead to relatively simple solutions for field dynamics in both classical and quantum gravity contexts. In LQC, these potentials serve as a good starting point for understanding how quantum gravity influences inflation, even if they do not necessarily align with current observations. While present observations (e.g., Planck data) favor smaller field potentials such as the Starobinsky potential, the study of models 1 and 2 remains important for theoretical exploration. The fact that these potentials may be ruled out by observations does not invalidate their role in LQC studies. Instead, they offer valuable insights into the structure of inflationary models, even if they do not perfectly align with observational data. In this sense, studying these potentials acts as a stepping stone for understanding a broader range of potential behaviors within

LQC.

This paper is organized as follows. In Sec. II, the evolution equations of LQC with a spatially flat Friedmann–Lemaître–Robertson–Walker (FLRW) universe is discussed. In sub-sections II.A and II.B, we examine the numerical evolution of the models with $V(\phi) \propto \phi^4$ and $V(\phi) \propto (1+\phi)^2$ and check whether the desired slow-roll inflation with at least 60 *e*-folds exists. Sec. III is devoted to phase space analysis. The results are summarized in Sec. IV.

II. EVOLUTION OF PRE-INFLATIONARY UNIVERSE

In this section, we review the dynamics of pre-inflation in a homogeneous and isotropic FLRW background with a spatially flat metric described by

$$ds^{2} = -dt^{2} + a(t)dx_{i}dx^{i},$$
(1)

where *t* is the cosmic time and a(t) represents the expansion factor of the universe. The modified Friedmann equation with a spatially flat FLRW universe in the framework of LQC is given by [7]

$$H^2 = \frac{8\pi}{3m_{Pl}^2} \rho \left(1 - \frac{\rho}{\rho_c}\right),\tag{2}$$

where $m_{pl}^2 = 1/G$ denotes the Planck mass; ρ and ρ_c represent the energy density of the scalar field and the critical energy density, respectively; ρ_c is approximated as $\rho_c \simeq 0.41 m_{pl}^4$ [35, 36]; $H = \dot{a}/a$ is the Hubble parameter; and dot (.) denotes differentiation with respect to cosmic time. In this paper, we consider single field inflation, for which the Klein-Gordon equation is expressed as

$$\ddot{\phi} + 3H\dot{\phi} + \frac{\mathrm{d}V(\phi)}{\mathrm{d}\phi} = 0. \tag{3}$$

The equation of state (EOS) $w(\phi)$ for the scalar field is defined as

$$w(\phi) = \frac{\dot{\phi}^2/2 - V(\phi)}{\dot{\phi}^2/2 + V(\phi)} \simeq -1, \text{ in the slow-roll phase.}$$
(4)

In LQC, the Big Bang singularity is resolved and replaced by a non-singular quantum bounce [3–5, 16]. At $\rho = \rho_c$, the quantum bounce occurs where the Hubble parameter becomes zero (H = 0) (see Eq. (2)). The numerical evolution of the background for various potentials has been investigated in the literature [26, 28, 30, 32, 34]. An important result is that the desired slow-roll inflationary regime is achieved. In the present study, we chose

generic potentials of the form $V(\phi) \propto \phi^4$ and $V(\phi) \propto (1 + \phi)^2$ and investigated the dynamics of the pre-inflationary universe. Before addressing these potentials, let us discuss the background described by Eqs. (2) and (3) for a general form of the potential $V(\phi)$. Eqs. (2) and (3) can be solved by imposing initial conditions on a(t), $\phi(t)$, and $\dot{\phi}(t)$ at the bounce $(t = t_B)$; therefore, at the bounce, we have

$$\rho = \rho_c,$$

$$\frac{1}{2}\dot{\phi}^2(t_B) + V(\phi(t_B)) = \rho_c,$$

$$\dot{a}(t_B) = 0,$$
(5)

which yields

$$\dot{\phi}(t_B) = \pm \sqrt{2\left(\rho_c - V(\phi(t_B))\right)},\tag{6}$$

$$a(t_B) = 1$$
 (suitable choice). (7)

For the sake of simplicity, hereafter, we express $\phi(t_B)$, $\dot{\phi}(t_B)$ and $a(t_B)$ as $\phi_B, \dot{\phi}_B$ and a_B , respectively. The ±sign in Eq. (6) means that $\dot{\phi}_B > 0$ (positive inflaton velocity; PIV) or $\dot{\phi}_B < 0$ (negative inflaton velocity; NIV) at the bounce. Next, we define several quantities that are used in the paper.

The analytical expression of the scale factor a(t) in the bouncing regime is given by [37, 38]

$$a(t) = a_B \left(1 + \delta \frac{t^2}{t_{Pl}^2} \right)^{1/6},$$
(8)

where $a_B = 1$, $\delta = 24\pi\rho_c/m_{Pl}^4$ is a dimensionless parameter, and t_{Pl} denotes the Planck time. The slow-roll parameter ϵ_H and number of *e*-folds N_{inf} are defined as

$$\epsilon_H = -\frac{\dot{H}}{H^2} \ll 1$$
, in the slow-roll phase (9)

$$N_{inf} = ln\left(\frac{a_{\text{end}}}{a_i}\right) = \int_{t_i}^{t_{\text{end}}} H(t) dt$$
$$= \int_{\phi_i}^{\phi_{\text{end}}} \frac{H}{\phi} d\phi \simeq \int_{\phi_{\text{end}}}^{\phi_i} \frac{V}{V_{\phi}} d\phi, \qquad (10)$$

where a_i and a_{end} represent the scale factor at the onset and end of the inflation, respectively, *i.e.*, $\ddot{a}(t_i) \ge 0$ and $w_{\phi}(end) = -1/3$. In the following sub-section, we investigate the initial conditions of pre-inflation using the models under consideration for $\dot{\phi}_B > 0$ at the quantum bounce. A similar analysis can be conducted for $\dot{\phi}_B < 0$, but we restrict ourselves to $\dot{\phi}_B > 0$ only.

A. Model 1: $V(\phi) \propto \phi^4$

Let us study the bounce and slow-roll inflation with quartic potential:

$$V(\phi) = \frac{V_0}{4}\phi^4.$$
 (11)

We set $V_0 = 2.01559 \times 10^{-14} m_{Pl}^4$ (see Appendix). Next, we numerically analyze the background described by Eqs. (2) and (3) for the quartic potential given by Eq. (11). The results are shown in Fig. 1. In case of KED initial conditions of the inflaton field (top panels), the behavior of the expansion factor a(t) is universal during the bouncing phase because it is independent of the initial values of the field and potential. This is also consistent with the analytical solution of Eq. (8). The only reason behind this statement is the negligible contribution of the potential energy compared to the kinetic energy in the entire bouncing region. Hence, it exerts no effect on the background evolution in the bouncing phase. Next, we analyze the numerical evolution of $w(\phi)$ (top panels). Note that the background evolution is divided into three different regions, namely bouncing, transition, and slow-roll inflation. After comparing the three regions, we observe that the period of the transition phase is much shorter than that of the bounce and slow-roll phases. The EOS is expressed as $w(\phi) \simeq +1$ in the bouncing phase and moves from +1 to -1 during the transition phase, remaining as $w(\phi) \simeq -1$ until the end of slow-roll inflation. Consequently, $\epsilon_H > 1$ in the bouncing regime and reduces from $\epsilon_H > 1$ to $\epsilon_H \approx 0$ in the transition regime. Finally, $\epsilon_H \approx 0$ until the end of slow-roll inflation. In case of PED initial conditions of the inflaton field at the bounce (bottom panels), the universality of the expansion factor a(t)is lost. In this regard, the bouncing and transition phases do not exist any more. However, slow-roll inflation still exists. Values of several inflationary parameters such as ϵ_H , $w(\phi)$, and N_{inf} are listed in Table 1. The slow-roll inflation and number of e-folds were determined for different initial values of ϕ_B . At least 60 *e*-folds are needed to obtain the desired slow-roll inflation presented in Table 1. According to this table, ϕ_B increases with N_{inf} .

B. Model 2: $V(\phi) \propto (1 + \phi)^2$

Next, we consider the following potential:

$$V(\phi) = V_0 (1 + \phi)^2.$$
(12)

We set $V_0 = 4.95868 \times 10^{-12} m_{Pl}^4$, which is consistent with observations (see Appendix). The numerical results are shown in Fig. 2 and Table 2. The rest of the description of the evolution of a pre-inflationary universe is similar to



Fig. 1. (color online) Numerical evolution of a(t), $w(\phi)$, and ϵ_H for the quartic potential given by Eq. (11) with $\dot{\phi}_B > 0$. Top and bottom panels show results for KED and PED initial conditions of the inflaton field, respectively. We set $V_0 = 2.01559 \times 10^{-14} m_{Pl}^4$ and $m_{Pl} = 1$. Owing to the symmetric nature of the potential, similar results can be obtained for $\dot{\phi}_B < 0$.

Table 1. Inflationary parameters for the quartic potential given by Eq. (11) with $\dot{\phi}_B > 0$.

ϕ_B/m_{Pl}	Inflation	t/t_{pl}	ϵ_{H}	$w(\phi)$	Ninf
3	start	67871.8	0.999	-1/3	46.68
	slow-roll	210133.0	4.99×10^{-5}	-1.0	
	end	1.17×10^{7}	0.312	-1/3	
3.7	start	53496.4	0.999	-1/3	60.32
	slow-roll	170712.0	1.35×10^{-4}	-1.0	
	end	1.36×10^{7}	0.330	-1/3	
5	start	36537.5	1.000	-1/3	80.86
	slow-roll	122235.0	3.04×10^{-7}	-1.0	
	end	1.05×10^{7}	0.288	-1/3	
6	start	28390.7	1.000	-1/3	102.53
	slow-roll	97914.1	4.06×10^{-4}	-1.0	
	end	1.03×10^{7}	0.266	-1/3	

that of model 1 (see subsection II.A). The numerical evolution of N_{inf} vs. ϕ_B for both models is presented in Fig. 3.

We can now compare our results with those of the quadratic, power-law for n < 2, and Starobinsky potentials examined in literature [30, 32, 37–40]. Starobinsky inflation is observationally consistent for KED initial conditions (except for a small subset) only and not for PED initial conditions at the bounce, although both KED and PED initial conditions are in good agreement with observations for potentials with $n \le 2$ in terms of the number of *e*-folds [32, 37]. In this study, we determined physically feasible initial values of the inflaton field and

achieved the intended slow-roll inflation for both KED and PED initial conditions in both models. Our findings are comparable to those of the quadratic potential. The common features of power-law potentials (either quadratic or quartic) are that the desired slow-roll inflation can be obtained for all initial values of the inflaton field at the bounce and that the output of such a viable slow-roll inflationary phase is generic. However, this is not possible for all initial values of the inflaton field in the case of the Starobinsky model. Furthermore, a common characteristic of inflationary models is that the evolution prior to reheating is always separated into three distinct phases:



Fig. 2. (color online) Potential described by Eq. (12) with $\dot{\phi}_B > 0$. We set $V_0 = 4.95868 \times 10^{-12} m_{Pl}^4$ and $m_{Pl} = 1$. The top and bottom panels show results for KED and PED initial conditions of the scalar field, respectively.

ϕ_B/m_{Pl}	Inflation	t/t_{pl}	ϵ_H	$w(\phi)$	Ninf		
-0.5	start	23158	0.999	-1/3	45.68		
	slow-roll	71388.8	6.41×10^{-5}	-1.0			
	end	1.18×10^{7}	0.312	-1/3			
0	start	19549.9	1.000	-1/3	60.94		
	slow-roll	62903.3	4.77×10^{-5}	-1.0			
	end	5.75×10^{6}	0.999	-1/3			
0.5	start	16894.1	0.999	-1/3	81.75		
	slow-roll	56355.2	7.39×10^{-5}	-1.0			
	end	1.26×10^{7}	0.999	-1/3			
1	start	14865	1.000	-1/3	104.87		
	slow-roll	51136.6	1.45×10^{-4}	-1.0			
	end	1.21×10^{7}	0.999	-1/3			

Table 2. Potential described by Eq. (12) with $\dot{\phi}_B > 0$.

bouncing, transition, and slow-roll inflation. This is especially true when the kinetic energy of the scalar field initially dominates the evolution of the universe, with the exception of a very small set in the phase space for the Starobinsky model. As long as the kinetic energy of the scalar field at the bounce initially dominates, this universal trait is independent of both the initial conditions and particular potentials of the scalar field.

III. PHASE SPACE ANALYSIS

Phase space analysis is a mathematical tool used to

study the behavior of dynamical systems by visualizing the trajectories in the phase space. It helps understand the evolution and stability of cosmological models. The evolution of the universe can be described by differential equations that represent it as a dynamical system. This dynamical system is essential for comprehending the asymptotic behavior of cosmological models and is also known as a subclass of autonomous systems [41, 42]. There are several reasons why a dimensionless set of variables is selected for an autonomous system.

(i) A bounded dynamical system arises from these



Fig. 3. Numerical evolution of N_{inf} vs ϕ_B for models 1 (left panel) and 2 (right panel).

variables.

(ii) They frequently have a clear physical interpretation and are well-behaved.

(iii) The symmetry of equations allows for a reduction in the number of equations; thus, a simplified system is examined.

In the discussion to follow, let us consider the following dimensionless quantities:

$$Y_1 = \frac{\phi}{m_{Pl}}, \quad Y_2 = \frac{\dot{\phi}}{m_{Pl}^2}, \quad \mathcal{V} = \frac{V(Y_1)}{m_{Pl}^4}.$$
 (13)

which are used to construct the following system of firstorder differential equations:

$$\frac{\mathrm{d}Y_1}{\mathrm{d}N} = \frac{m_{Pl}Y_2}{H(Y_1, Y_2)},\tag{14}$$

$$\frac{dY_2}{dN} = -3Y_2 - \frac{m_{Pl}}{H(Y_1, Y_2)} \Big[\frac{d\mathcal{V}(Y_1)}{dY_1} \Big],$$
(15)

where $N = \ln a$. The Klein Gordon equation (Eq. (3)) is used to obtain the equation for Y_2 . The function $H(Y_1, Y_2)$ is expressed as

$$H(Y_1, Y_2) = \sqrt{\frac{8\pi m_{Pl}^2}{3}} \left[\frac{Y_2^2}{2} + \mathcal{V}(Y_1)\right] \left[1 - \frac{Y_2^2}{0.82} - \frac{\mathcal{V}(Y_1)}{0.41}\right].$$
(16)

We numerically solved Eqs. (14) and (15) using Eq. (16) for the models under consideration. The phase portraits with KED and PED initial conditions of the scalar field are represented in the $(Y_1 = \phi/m_{Pl}, Y_2 = \dot{\phi}/m_{Pl}^2)$ plane in Fig. 4. For a better representation in Fig. 4, we set $V_0 = 0.01m_{Pl}^4$ for the potentials described by Eqs. (11) and (12). Note that ρ_c is the critical (maximum) energy density that constrains the value of the inflaton field at the

bounce, such as $|\dot{\phi}_B|/m_{Pl}^2 < 0.91$ and $\phi_B/m_{Pl} \in (-3.58, 3.58)$ in the case of quartic potential (Eq. (11)) and $\phi_B/m_{Pl} \in (-7.41, 5.41)$ in the case of the potential described by Eq. (12). In both models, the black boundary surface is totally finite owing to ρ_c (see Fig. 4). At the bounce, $\rho = \rho_c$, all trajectories start and move toward their minima, which are stable points. The higher energy density belongs to the regions which are close to the boundary at which quantum geometric effects exhibit dominance, while the regions near the minima in the $(\phi/m_{Pl}, \dot{\phi}/m_{Pl}^2)$ plane correspond to lower energy density.

IV. CONCLUSIONS

In this study, we used two potentials, namely $V(\phi) \propto \phi^4$ and $V(\phi) \propto (1+\phi)^2$, to study the dynamical behavior of a pre-inflationary universe in the framework of LQC. At the quantum bounce, we numerically obtained the initial values of the inflaton field that generated the desired slow-roll inflation with a sufficient number of efolds. We investigated the numerical evolutions of Eqs. (2) and (3) for $V(\phi) = \frac{V_0}{4}\phi^4$ (with $V_0 = 2.01559 \times 10^{-14}m_{Pl}^4$) and $V(\phi) = V_0(1+\phi)^2$ (with $V_0 = 4.95868 \times 10^{-12}m_{Pl}^4$). The numerical solutions for different initial conditions of the inflaton field at the bounce are presented in Figs. 1 and 2. In both figures, the top panels correspond to KED initial values of ϕ_B , whereas the lower panels correspond to PED initial conditions. In the top panels, the numerical evolution of the scale factor a(t) exhibits universality in the bouncing regime and consistency with the analytical expression given by Eq. (8). This is because of the negligible contribution of the potential energy in contrast to the kinetic energy. As time passes, the behavior of a(t)becomes exponential. Consequently, it produces inflation, whose effect can be observed in the evolution of the EOS $w(\phi)$. Before preheating, $w(\phi)$ is divided into three different regions, namely bouncing, transition, and slow-roll inflation. During the bouncing phase, $w(\phi)$ is almost +1 and decreases to -1 in the transition phase, remaining close to -1 until the end of the slow-roll inflation. Similarly, we obtained that $\epsilon_H > 1$ at the bounce and evolves to



Fig. 4. (color online) Phase portrait for the potentials described by Eq. (11) (left panel) and Eq. (12) (right panel) in the $(\phi/m_{Pl}, \phi/m_{Pl}^2)$ plane. At $\rho = \rho_c$ (boundary curve), all trajectories (with arrowheads) start at the quantum bounce and move toward their minima. For better representation, we set $V_0 = 0.01 m_{Pl}^4$.

approximately zero during the transition phase, remaining at this value until the end of the slow-roll inflation. For PED initial values of the inflaton field at the bounce, the universality of a(t) does not exist any more, and the bouncing and transition phases vanish. However, slowroll inflation remains. To achieve the desired slow-roll inflation, consistent with observations, at least 60 *e*-folds are required. Tables 1 and 2 list the values of important inflationary parameters for different values of ϕ_B ; interestingly, N_{inf} increases with ϕ_B .

Finally, the trajectories of the phase portrait were represented with PIV and NIV and also for KED and PED initial values of the inflaton field in the $(\phi/m_{Pl}, \dot{\phi}/m_{Pl}^2)$ plane. We set $V_0 = 0.01m_{Pl}^4$ for both models to achieve a better representation. Both potentials are unbounded from the above. Hence, ρ_c constrains the values of ϕ_B and provides the compact surface at the bounce. The boundary curve shown in Fig. 4 constitutes the finite data surface where $|\dot{\phi}_B/m_{Pl}^2 < 0.91$ and $\phi_B/m_{Pl} \in (-3.58, 3.58)$ in the case of the quartic potential (Eq. (11)) and $\phi_B/m_{Pl} \in (-7.41, 5.41)$ in the case of the potential described by Eq. (12). Figure 4 shows that all trajectories begin from bounce and are attracted toward their respective minima, which are stable points.

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APPENDIX A: PHYSICAL QUANTITIES

The number of e-folds from Eq. (10) is given by

$$N_{inf} \simeq \int_{\phi_{end}}^{\phi_*} \frac{V(\phi)}{V'(\phi)} d\phi, \qquad (A1)$$

where the values of the inflaton field at the start and finish of the slow-roll inflation are denoted as ϕ_* and ϕ_{end} , respectively. The slow-roll parameter ϵ_V is defined as

$$\epsilon_V = \frac{M_{Pl}^2}{2} \left(\frac{V'(\phi)}{V(\phi)}\right)^2. \tag{A2}$$

Here, $M_{Pl}^2 = m_{Pl}^2/8\pi$, and m_{Pl} is the Planck mass. We set $\epsilon_V = 1$ at the end of the slow-roll inflation. Therefore, ϕ_{end} can be found using Eq. (A2). During the slow-roll inflation, $\dot{\phi}^2 \ll V(\phi)$. Hence, Eq. (2) becomes

$${H_*}^2 \simeq \frac{8\pi}{3m_{Pl}^2} V(\phi_*).$$
 (A3)

The upper bound on H_* during the slow-roll inflation is given by the Planck 2018 results [43]:

$$\frac{H_*}{M_{Pl}} < 2.5 \times 10^{-5}$$
 (95% Confidence level). (A4)

In this study, we set $H_*/M_{Pl} = 2.0 \times 10^{-5}$. By inserting this value into Eq. (A3), we can determine ϕ_* . Then, using the values of ϕ_* and ϕ_{end} along with $N_{inf} = 60$ in Eq. (A1), we can calculate the parameters for the potentials described by Eqs. (11) and (12).

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