(Pseudo) Scalar mesons in a self-consistent NJL model*

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Abstract: In this study, we investigate the mass spectra of π and σ mesons at finite chemical potential using the self-consistent NJL model and the Fierz-transformed interaction Lagrangian. The model introduces an arbitrary parameter α to reflect the weights of the Fierz-transformed interaction channels. We show that, when α exceeds a certain threshold value, the chiral phase transition transforms from a first-order one to a smooth crossover, which is evident from the behaviors of the chiral condensates and meson masses. Additionally, at a high chemical potential, the smaller the value of α , the higher the masses of the π and σ mesons. Moreover, the Mott and dissociation chemical potentials increase with the increase in α . Thus, the meson mass emerges as a valuable experimental observable for determining the value of α and investigating the properties of the chiral phase transition in dense QCD matter.

Keywords: NJL model, chiral phase transition, meson

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I. INTRODUCTION

Exploring the properties of strongly interacting matter is a fundamental topic in high energy nuclear physics. In particular, from a theoretical perspective, it is crucial to study the breaking and restoration of chiral symmetry to understand such matter. As we know, the (approximate) chiral symmetry is believed to be good in the light quark sector. Unfortunately, the perturbative method becomes unavailable for quantum chromodynamics (QCD) in low energy regimes since the strong coupling constant is no longer small enough. In addition, the lattice QCD cannot handle the numerical calculations at finite chemical potential because of the famous sign problem. Hence, effective theories and models are needed to investigate the QCD matter. Especially based on the chiral symmetry and chiral symmetry breaking of QCD, the Nambu-Jona-Lasinio (NJL) model [1, 2] is one of the most useful tools to study the properties of strongly interacting matter, such as the dynamical breaking/restoration of the chiral symmetry and the masses of light mesons.

One of the uncertainties of the NJL model is the way of dealing with the mean field approximation, and this issue has been well emphasized for a few decades [3]. Mathematically, the Fierz transform of the NJL model Lagrangian should be of equal importance as compared with the original NJL model Lagrangian, but they are

treated unequally when applying the mean field approximation. Therefore, we rewrite the Lagrangian as $\mathcal{L}_R = (1-\alpha)\mathcal{L} + \alpha\mathcal{L}_F$ by introducing an arbitrary weighting parameter α , where \mathcal{L} is the original NJL Lagrangian, and \mathcal{L}_F is the Fierz transform of \mathcal{L} . It has been discussed that there are no physical requirements for the choice of α value, and the value of α could be determined by astronomy observations, i.e., the properties of compact stars [4–7], which impose constraints on the QCD equations of state.

In this paper, we discuss a possible alternative way of predicting the value of α using the properties of light mesons. As we know, the mass spectra of pseudoscalar meson π and scalar meson σ have been studied in the NJL type model for the last few dozen years [8]. Since π and σ mesons are chiral partners, the mass difference between them carries the information of the chiral symmetry breaking and restoration. Therefore, apart from the indirect measurement on the equation of states of compact stars, the measurement of the meson masses in the heavy ion collision experiments is an alternative method to extract the information of the weighting parameter α , as well as that of the chiral phase transition in dense QCD matter.

This paper is organized as follows. We begin with the general formalism in Sec. II, and then, the corresponding

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numerical results are presented in Sec. III. Finally, the conclusions are given in Sec. IV.

II. FORMALISM

The redefined Lagrangian—the combination of the original Lagrangian \mathcal{L} in the two-flavor NJL model and the corresponding Fierz transformed Lagrangian \mathcal{L}_F is given by [4]

$$\mathcal{L}_R = (1 - \alpha)\mathcal{L} + \alpha \mathcal{L}_F,\tag{1}$$

where

$$\mathcal{L} = \bar{\psi}(i\partial - m)\psi + G\left[(\bar{\psi}\psi)^2 + (\bar{\psi}i\gamma^5 \cdot \tau\psi)^2\right]$$
 (2)

and

$$\mathcal{L}_{F} = \bar{\psi}(i\partial \!\!\!/ - m)\psi + \frac{G}{8N_{c}} \left[2(\bar{\psi}\psi)^{2} + 2\left(\bar{\psi}i\gamma^{5}\tau\psi\right)^{2} - 2(\psi\tau\psi)^{2} \right.$$

$$\left. - 2\left(\bar{\psi}i\gamma^{5}\psi\right)^{2} - 4\left(\bar{\psi}\gamma^{\mu}\psi\right)^{2} - 4\left(\bar{\psi}i\gamma^{\mu}\gamma^{5}\psi\right)^{2} \right.$$

$$\left. + \left(\bar{\psi}\sigma^{2m}\psi\right)^{2} - \left(\bar{\psi}\sigma^{\mu\nu}\tau\psi\right)^{2} \right], \tag{3}$$

along with the current quark masses $m = diag(m_u, m_d)$.

By applying the mean field approximation to the Lagrangian and dropping the irrelevant part, we get the effective Lagrangian

$$\langle \mathcal{L}_R \rangle_{\text{eff}} = \bar{\psi} (i\partial \!\!\!/ - M) \psi + G \left(1 - \alpha + \frac{\alpha}{4N_c} \right) \sigma^2 + \frac{\alpha G}{2N_c} n^2, \quad (4)$$

where $\sigma = \langle \bar{\psi}\psi \rangle$ is the quark condensation, and the quark number density is $n = \langle \psi^{\dagger}\psi \rangle$. In addition, we introduce the constituent quark mass $M = m - 2G\left(1 - \alpha + \frac{\alpha}{4N_c}\right)\sigma$ and the renormalized chemical potential $\mu_r = \mu - \frac{\alpha G}{N_c}n$.

Thus, the corresponding thermodynamic potential density takes the form

$$\Omega = -\frac{T}{V} \ln Z = G \left(1 - \alpha + \frac{\alpha}{4N_c} \right) \sigma^2 - \frac{\alpha G}{2N_c} n^2$$

$$-\frac{N_c N_f}{\pi^2} \int_0^{\Lambda} dp \, p^2 \left\{ E(M, p) + T \ln \left[1 + \exp \left(-\frac{E(M, p) + \mu_r}{T} \right) \right] + T \ln \left[1 + \exp \left(-\frac{E(M, p) - \mu_r}{T} \right) \right] \right\}. \tag{5}$$

Here, the energy dispersion relation $E(M, p) = \sqrt{M^2 + p^2}$ and the Fermi-Dirac distribution functions

$$n(p,\mu) = \frac{1}{1 + \exp\left(\frac{E(M,p) - \mu}{T}\right)}, \quad \bar{n}(p,\mu) = \frac{1}{1 + \exp\left(\frac{E(M,p) + \mu}{T}\right)}.$$
(6)

Then, the gap equations are determined by $\frac{\partial \Omega}{\partial M} = \frac{\partial \Omega}{\partial \mu_r} = 0$, which can be written into the exact forms

$$\sigma + \frac{N_c N_f M}{\pi^2} \int_0^{\Lambda} \frac{\mathrm{d}p p^2}{E(M, p)} \left[1 - n(p, \mu_r) - \bar{n}(p, \mu_r) \right] = 0 \quad (7a)$$

and

$$n - \frac{N_c N_f M}{\pi^2} \int_0^{\Lambda} \frac{\mathrm{d}p p^2}{E(M, p)} \left[n(p, \mu_r) - \bar{n}(p, \mu_r) \right] = 0.$$
 (7b)

In contrast, to calculate the meson masses, we obtain the dispersion relations for π and σ mesons in the random-phase approximation (RPA),

$$1 - 2\left(1 - \alpha + \frac{\alpha}{4N_c}\right) G \frac{N_c N_f}{\pi^2} P$$

$$\times \int_0^{\Lambda} \frac{p^2}{E(M, p)} \left(1 - \frac{M_{\pi}^2}{M_{\pi}^2 - 4E(M, p)^2}\right)$$

$$\times (1 - n(p, \mu_r) - \bar{n}(p, \mu_r)) dp = 0, \tag{8a}$$

and

$$1 - 2\left(1 - \alpha + \frac{\alpha}{4N_c}\right)G\frac{N_c N_f}{\pi^2}P$$

$$\times \int_0^{\Lambda} \frac{p^2}{E(M, p)} \left(1 - \frac{M_{\sigma}^2 - 4M^2}{M_{\sigma}^2 - 4E(M, p)^2}\right)$$

$$\times (1 - n(p, \mu_r) - \bar{n}(p, \mu_r)) \, \mathrm{d}p = 0. \tag{8b}$$

III. NUMERICAL RESULTS

In this section, we calculate the numerical results for the pole masses of the π and σ mesons. Firstly, by fitting the physical pion mass $M_{\pi} = 137$ MeV, decay constant $f_{\pi} = 93$ MeV, and quark condensate $\langle \bar{u}u \rangle = -(247)^3$ MeV³, we obtain the current mass of light quarks m = 5.5 MeV, the three momentum hard cutoff $\Lambda = 631$ MeV, and the coupling constant $g = 5.074^{-6}$ MeV⁻¹ in the conventional NJL model [8]. Then, the new coupling constant G in the modified NJL model is given by

$$G = \frac{1 + \frac{1}{N_c}}{1 - \alpha + \frac{\alpha}{4N_c}}g. \tag{9}$$

The constituent quark masses M as a function of quark chemical potential μ at zero temperature but with some different weighting constants α are plotted in Fig. 1. Evidently, within our model parameters, the order of chiral phase transition changes from first order to crossover as α increases from zero: explicitly, the transitions are first-order phase transitions at $\alpha = 0,0.5$, while they are crossover transitions at $\alpha = 0.925$, 1.009. Hence, there must be a threshold value α_c between 0.5 and 0.925 where the termination of the first-order transition happens. This has also been discussed in Ref. [4] by using different NJL parameters and is further investigated in Ref. [9] with the same parameters. Moreover, the (pseudo) critical chemical potential μ_c at zero temperature is found to be located at approximately 354, 360, 397, and 474 MeV, respectively, by analyzing the data in

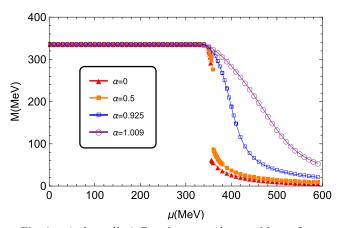


Fig. 1. (color online) Constituent quark mass M as a function of the chemical potential μ at T=0 and $\alpha=0, 0.5, 0.925$ and 1.009, respectively.

Fig. 1 numerically for these four different values of α from 0 to 1.009. Notably, when $\mu \lesssim 340$ MeV, the constituent quark mass M remains constant for all different values of α at zero temperature. As for $\mu \gtrsim 340$ MeV, we can see that the smaller the value of α , the faster the decrease in constituent quark mass. Therefore, the (approximate) chiral symmetry will be fully restored at a larger chemical potential when α increases.

The pole masses of π and σ mesons as functions of quark chemical potential at zero temperature are given in Fig. 2, obtained by Eqs. (8a) and (8b) with different weighting constants α . Note that, when $\alpha = 0$, our results coincide with the previous results in the conventional mean field approximation [8]. Similar to the constituent quark mass, the meson masses keep constant as long as the chemical potential is smaller than 340 MeV. When the chemical potential reaches 340 MeV, the pion mass begins to increase with μ , while the σ meson mass decreases first and then increases. Moreover, in the region of $\mu \gtrsim 340$ MeV, the smaller the value of α , the faster the change in meson masses. In addition, there is a jump at μ_c for small α values where a first-order chiral phase transition happens.

The pole masses of π and σ mesons, as well as twice the constituent quark mass for some selected α , are plotted in Fig. 3. Note that the Mott chemical potential is defined by $M_{\pi}(\mu_{\text{Mott}}) = 2M(\mu_{\text{Mott}})$. The Mott transition is the signification where pions dissociate to the unbound resonance state. As discussed in Ref. [10], when the chiral phase transition is a smooth crossover, instead of the definition of the pseudo critical point, the Mott transition point is a better way to characterize the chiral crossover. In our case, when α is small, μ_{Mott} and μ_c are almost identical. When α is large, $\mu_{\text{Mott}} > \mu_c$, and the differences are larger when α is larger ($\mu_{\text{Mott}} = 354$, 360, 420 and 519 MeV for $\alpha = 0$, 0.5, 0.925 and 1.009, respectively). The smoother the phase transition (α is larger in our model), the larger the difference between μ_{Mott} and μ_c . For the σ

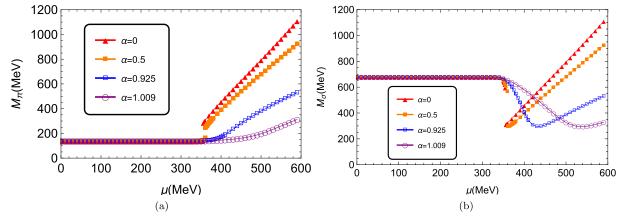


Fig. 2. (color online) Pole masses of pion (left panel) and σ meson (right panel) as functions of chemical potential at T = 0 and $\alpha = 0$, 0.5, 0.925 and 1.009.

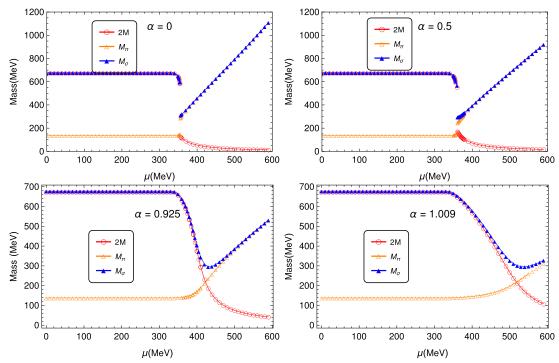


Fig. 3. (color online) Pole masses of σ meson and pion and twice the constituent quark mass as functions of chemical potential at T = 0 and $\alpha = 0, 0.5, 0.925$ and 1.009.

meson, the dissociation chemical potential is defined as $m_{\sigma}(\mu_d) = 2m_{\pi}(\mu_d)$. From our data, $\mu_d = 354$, 360, 402, 483 MeV for $\alpha = 0$, 0.5, 0.925 and 1.009, respectively. The difference between μ_d and μ_c is also enhanced when α increases, but the difference is small even when α is larger than 1. At a very large chemical potential, the pole mass of the σ meson and pion are almost identical (they are the same in the chiral limit, while for the current massive light quark mass, $M_{\pi}^2 = M_{\sigma}^2 - 4m^2$). Evidently, the larger the value of α , the larger the chemical potential needed to attain such a feature.

To further clarify the impact of α on the Mott chemical potential and dissociation chemical potential, we plot them as functions of α in Fig. 4. The Mott chemical potential and the dissociation chemical potential are shown in the left and right panels, respectively. Both functions display an exponential increase with α . Additionally, the Mott chemical potential is higher than the dissociation chemical potential for large values of α . These results support the discussion presented in the previous paragraph.

Additionally, for the finite temperature case, the only difference from the zero temperature case is that the first-order phase transition regime becomes smaller as the temperature increases. The discontinuity in the meson masses disappears for all values of α above a certain temperature. We demonstrate this by plotting the pion and σ meson masses at a temperature of T=100 MeV in Fig. 5. Our model predicts that, at this temperature, the phase

transition is a crossover for all values of α . The meson masses do not exhibit a "jump" as a function of the chemical potential, and the rest of the physical behaviors coincide with our zero-temperature results.

IV. DISCUSSION AND CONCLUSION

In this study, we investigate the pole masses of pions and σ mesons as functions of the chemical potential μ in the context of the Nambu-Jona-Lasinio (NJL) model using a new self-consistent mean field approximation method. We find that the mass spectrum of mesons can provide insight into the chiral phase transition of QCD matter. In particular, we observe that, at T = 0, the chiral phase transition can be either first order or a crossover depending on the value of α . Additionally, the difference between the Mott transition and chiral phase transition becomes more significant as α increases, and we find that the temperature can help restore chiral symmetry, leading to a continuous mass spectrum for any value of α . In a high density environment such as in the core of compact stars, the chemical potential of quark matter should reach several hundreds of MeV. The weighting constant α is an important feature in studying the dense matter, in addition to the indirect measurements that constrain the equation of state (EOS) of neutron stars. Our results of the π and σ mesons show significant differences in meson properties with different α values.

We suggest that the meson properties in collisions with a large chemical potential or in compact stars can be

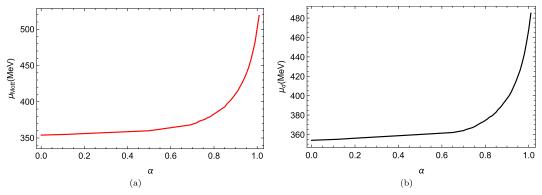


Fig. 4. (color online) Mott chemical potential (left panel) and dissociation chemical potential (right panel) as functions of α .

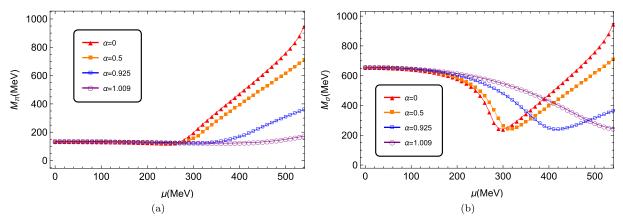


Fig. 5. (color online) Pole masses of pion (left panel) and σ meson (right panel) as functions of chemical potential at T = 100 MeV and $\alpha = 0, 0.5, 0.925$ and 1.009.

useful for studying the chiral phase transition of QCD matter. Furthermore, the meson mass differences for different values of α can be measured by studying the decay channels of the π^0 and σ mesons. Electromagnetic probes (photons and dileptons) have a long mean-free-path and minimal interactions with the medium in collision experiments, making them excellent choices to study the meson

properties, e.g., $\pi^0 \to \gamma + \gamma$ and $\pi^0 \to \gamma + \gamma \to e^+ + e^- + \gamma$. In the future, electromagnetic probes may be used in high chemical potential collision experiments to study the meson properties. Additionally, if the "sign problem" can be solved, lattice calculations can provide a more straightforward way to determine the value of α in the NJL model.

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